

## Thriving In College And Beyond 2nd Edition

"Thriving in the Community College and Beyond delivers content through modalities that are both visual and emotional. Snapshot summary boxes, concept maps, humorous illustrations, authors' experiences, content-relevant quotes from successful people in multiple fields, and first-hand perspectives of current college students appear throughout."--Publisher description.

Thriving in College and Beyond: Research-Based Strategies for Academic Success and Personal Development

Thriving in Transitions: A Research-Based Approach to College Student Success represents a paradigm shift in the student success literature. Grounded in positive psychology, the thriving concept reframes the student success conversation by focusing on the characteristics amenable to change and that promote high levels of academic, interpersonal, and intrapersonal performance in the college environment. The authors contend that a focus on remediating student characteristics or merely encouraging specific behaviors is inadequate to promote success in college and beyond. The collection presents six research studies describing the characteristics that predict thriving in different groups of college students, including first-year students, transfer students, high-risk students, students of color, sophomores, and seniors, and offers recommendations for helping students thrive in college and life.

Thriving in College & Beyond assists students in making a smooth transition into college, through college, and from college. The text follows the idea that college should be approached strategically with a strong liberal arts and general education foundation in order to develop the student as a whole person. Students will learn strategies that they can apply across different academic and personal situations. Not only will they learn what the strategies are, but also why these strategies work. --Publisher description.

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