

## Regression Therapy Handbook Professionals Volume

This book goes through the WHOLE of life in stages, but it begins not at birth, or even conception, but in the planning stage, in what is known by Tibetans as the Bardo - the inter-life stage - when important decisions are made re ones chief purpose(s) in the forthcoming life, the main lessons that need to be learnt, the karmic debts to be paid, and the main cast of characters. (Some people choose a happy life living with a soul mate, while others realise that they will learn more, overcome more important challenges and complete more of their karma by living a life on their own or one with more pain and difficulty.) And the book ends not at death, but rather shows how death is not the end, describing some fictional post-death scenarios. It includes numerous true case histories, many of which demonstrate the impact of previous lives on a persons present life, and each chapter is followed by useful self-help exercises. Above all it shows how there is a good reason for everything that happens in life.

Drawing on Judy's many years as a psychic, soul retriever and past life regression therapist, this book helps you to avoid the pitfalls of the psychic path and to successfully navigate the challenging psychic situations that arise if things go wrong.

In a modern world in which one can observe managerial and investors' behaviors characterized by high risk, short term orientation, moral hazard and speculation, there is a need to form a new ethical paradigm to drive a more ethical oriented education and a substantial change to norms regulating markets and business behavior to sensitize investors and financial practitioners, so that humanity can evolve in a sustainable way. Therefore the main question we are striving to answer throughout the book

"Organizational Social Irresponsibility: individual behaviors and organizational practices" is the following: Do individual behaviors influence organizational socially irresponsible practices? Each separate chapter aims to find an answer to the above question. The book is divided into three parts: first: "The dark side of organizational behaviors", second: "Individual skills and the workplace" and third: "Organizational politics, practices and tools. This book is authored by a range of authors from all over the world. They provide us with several theoretical and practical contributions into the topic of organizational social irresponsibility and individual behavior, facing different aspects (e.g. workplace wellness, decision?making, diversity management). We hope it will be useful for both business and academia and it will help to shape reflective, socially responsible managers of the future.

This book is a delightful read and describes how a medical doctor used regression therapy to explore and transform the past lives of four of his patients to assist in their rapid healing. The patients came with a variety of symptoms including insomnia, fearful dreams, water and snake phobia, deja vu, procrastination, rage, loss of memory, fear of success, fear of public speaking and unexplainable pain. Through reliving and reframing their past life stories under trance, all four patients were able to gain rapid insight into their spiritual self and achieve healing. The book is written for the general reader and will also interest medical professionals and their patients.

In times of great change and chaos, we flail against the suffering and difficulties in our lives. In This Divine Classroom: Earth School and the Psychology of the Soul, psychotherapist, Marcia Beachy, develops the broader view that planet Earth is a classroom for human evolution. Through past life regression (PLR) research with her clients, Marcia postulates that this outpost on the edge of the Milky Way Galaxy is providing unprecedented soul maturation opportunities as momentous choices are being made. Incorporating in-depth PLR work and material from the interlife (afterlife) perspective, Marcia skillfully unravels some of the mysteries of the souls choices and what it hopes to learn from the challenges and joys of life. Fascinating stories unfold over eons of time depicting the souls long journey of evolution. The reader begins to gather a sense of the souls psychology, often shockingly different than that of our personality self. In addition, Marcia gently challenges us to a reinterpretation of our reality and to courageously see the new Earth School curriculum before us.

THE MESSAGE OF RAINSNOW, a book which stands by itself, is the inspirational and practical sequel to THE JOURNEY OF RAINSNOW. While the first book presented an esoteric chronicle filled with insights for our times, THE MESSAGE OF RAINSNOW crystallizes the unfolding consciousness of THE JOURNEY into a pragmatic blueprint for achieving global transformation. As many other books, it upholds the values of community, spirituality, and respect for nature, seeing, in these elements, the pillars of our collective salvation. Unlike other books, however, this one seeks not only to promote these invaluable ideals, but to build a concrete bridge from where we are now, to where we must go: to the new world of the future in which these cherished, but distant, ideals will finally become reality. Most importantly of all, THE MESSAGE OF RAINSNOW seeks to awaken, and to create the living people who will become the embodiment of these indispensable ideals: the advanced guard of our world's march to life. It is a journey, and a privilege, which begins by reading this book.

Discover Your Soul's Wisdom and Transform Your Life You have the power to create a life of passion and purpose by following the wisdom of your soul. Using breakthrough methods such as energy psychology, guided journeys, forgiveness practices, and past-life and life-between-lives regression, Susan Wisehart shares practical step-by-step techniques to heal the unconscious beliefs that block your awareness of your true spiritual identity and life purpose in this unique wellness book. The Soul Visioning journey connects you with your Higher Self to guide you into the ideal expression of your soul in your work, relationships, health, finances, and spirituality. Dramatic and inspiring case studies with long-term follow-up interviews reveal how people have transformed their lives using these powerful methods. Several guided audio journeys to help you connect with your soul's wisdom are available on the author's website as a CD or free MP3 downloads. "Inspiring true-life stories and practical leading-edge strategies teach you how to

change unconscious limiting beliefs and create a joyous, soul-guided life."--Debbie Ford, New York Times best-selling author of *Why Good People Do Bad Things: How to Stop Being Your Own Worst Enemy* "This is a divinely inspired gift of a book for those who are ready to be happy."--Sonia Choquette, author of *Trust Your Vibes and Your Heart's Desire*

The author, a clinical psychologist who has worked in a variety of mental health facilities in the U.S. and Israel for over half a century, has shared with us in this book case studies of unconventional psychological treatment interventions such as the use of "phantom" consultants, clergymen, humor and a projective test, in dealing with challenging cases. Several articles present innovative approaches to supervision and the creative use of a mobile chair in therapy. The interventions and rationale of the treatment of the patients, that include both adults and children with a variety of pathologies and symptoms in different formats, are clearly presented. Some unconventional ideas and suggestions presented in the book, such as the dialectical cotherapy treatment approach and the use of a mobile chair in the treatment room, may possibly startle and shock the conventional therapist. Several of the articles were previously published in professional journals in the U. S., UK and Israel and slightly revised. It is hoped that this volume will encourage greater open-mindedness, flexibility and creativity on the part of clinical psychology students, trainees, beginning and seasoned psychotherapists, and expand their armamentarium of psychological tools, techniques and interventions in their clinical work.

*Framework of Reality* highlights unfolding developments that are revolutionizing our understanding of ourselves and our place in the universe. Scientists and scientifically trained researchers are providing us with a rich and expanding base of knowledge about strange and unusual phenomena observed in quantum physics, cosmology, biology, psychology, disease and healing, death, and reincarnation investigations. It is a companion book to *Frontiers of Knowledge*, which is a large research book with all the details and all the references. *Framework* provides all the same information in a summary form. (It can be considered the "Cliffs Notes" for *Frontiers of Knowledge*.) Insights from quantum physics suggest that the basis of our physical universe is mental—conscious thought. Other discoveries are causing us to redefine our concepts of mind and this elusive thing we call consciousness. The verified near-death out-of-body experiences (OBEs) show that consciousness can exist in a nonphysical form--indicating that mind is not tied to the physical brain. New concepts of reality are also needed to explain the incredibly fine-tuned characteristics of our physical universe. The mysterious nature of dark energy and dark matter suggests that their source resides in subtle-energy dimensions. Strong hints of subtle dimensions are also provided in near-death OBEs, subtle-energy healings, and documented accounts of very unusual mind-body effects. Thousands of between-lives spiritual regression cases and the deeper near-death experiences provide us with fairly consistent descriptions of a nonphysical realm populated by souls living in a highly developed culture that is interacting with humans. This revolutionary information demands a revised and expanded view of reality—one in which spirituality is the underlying source of reality. Highlights on all of the above and more are presented in *Framework of Reality*, and they provide readers with the outline of this new revolution in knowledge.

Especially of interest to those involved with healing and healthcare: The first book to describe contemporary spiritual healing centers in Brazil including a psychiatric hospital where spiritual healers collaborate with conventionally trained healthcare professionals. There are more than 12,000 of these centers in Brazil; 20-40 million Brazilians use this resource for spiritual growth, healing, and to maintain wellness. These Centers welcome people of all religions and cultures, offering effective forms of healing as a free service. The introduction to the philosophy of Spiritism is presented in a clear, easy to understand manner. The description of the methods for healing used over more than 150 years demonstrate that Brazil has developed an effective model of integrative health care. The author spent half of each year, 2001-2012, in Brazil studying these centers and hospitals. She is a psychologist, teacher, prolific author and pioneer in the area of healing and spiritual awakening. She suggests that importing components of Brazil's Spiritist Centers could help us improve our ailing healthcare system.

Regressietherapie is gebaseerd op twee stralend eenvoudige gedachten. Die in de praktijk nog blijken te werken ook. De eerste gedachte is dat niets uit de lucht komt vallen. Elk probleem is ergens begonnen. Als we er achter komen waar, kunnen we er iets aan doen. Omdat onze huidige situatie meestal anders is dan toen, en we nu ouder en ervarener zijn, schept de herbeleving van de oorspronkelijke situatie tegelijk begrip en afstand. Vooral als we daarbij geholpen worden door een verstandige therapeut. De tweede gedachte is dat de tijd niet alle wonden heelt - vooral geen wonden die we steeds open krabben. Als we begrijpen hoe we dat doen en vooral waardoor en waarom, kunnen we onszelf soms voor het hoofd slaan. En kunnen we iets aan de wond gaan doen. Een enkele keer is de herbeleving van het begin van het probleem al voldoende. Andere keren ontdekken we dat het begin nogal onbenullig is. Dan gaat het meer om het doorbreken van een patroon, een vicieuze cirkel, een overlevingsmechanisme. Dan gaat het minder om het begin en meer om hoe we het patroon in stand houden. Maar ook dan helpt het te beseffen hoe uit een klein begin een groot probleem kan groeien. Een ezel stoot zich in 't gemeen niet twee maal aan dezelfde steen. Maar dan moeten we die steen wel in de smiezen krijgen - en ook hoe en waarom we ons zijn blijven stoten. Elke genezing begint met de feiten zien en begrijpen. Een enkele keer is dat voldoende. En altijd is het een goed begin.

"At last, the fruits of research in this fascinating field have been harvested by a wise therapist for other professionals. This clear & comprehensive book will appeal to lay readers, as well."--Marilyn Ferguson, *Brain-Mind Bulletin*. In Volume I, thirteen of the foremost past-life therapists present individual sections on theory & examines in mini-treatises the approach of experts to pre- & peri-natal experiences, early childhood traumas & abuse, exploration of the interlife & the future, & dialogues with the unborn soul. "Winifred Lucas has pulled together information & concepts from many different authors in order to give depth & understanding to regression therapy. This compendium of information is

invaluable."--Gladys Taylor McGarey, M.D., Scottsdale Holistic Medical Group. Dr. Lucas is a diplomate of the American Board of Professional Psychology & for forty-five years has conducted a private practice & research. Her book is currently in its second printing. Available from Deep Forest Press, P.O. Drawer 4, Crest Park, CA 92326 (909-337-1179) or from Devorss, Bookpeople, or New Leaf Distributors.

A therapist and childbirth educator shows expectant mothers how to reconnect with the natural and spiritual worlds to make the birth experience unique and to build a spiritual connection with their children.

This is a text book used in training programs around the world. It describes a methodical way of working that transcends ordinary psychotherapy while retaining a professional attitude. It avoids artificial hypnotic inductions and psychic interventions, but ties in directly with the experiences of the client. The style is down-to-earth, to-the-point, practical and fearless

Join a rigorous scholar and Buddhist monk on a brisk tour of rebirth from ancient doctrine to contemporary debates. German Buddhist monk and university professor Bhikkhu Analayo had not given much attention to the topic of rebirth before some friends asked him to explore the treatment of the issue in early Buddhist texts. This succinct volume presents his findings, approaching the topic from four directions. The first chapter examines the doctrine of rebirth as it is presented in the earliest Buddhist sources and the way it relates to core doctrinal principles. The second chapter reviews debates about rebirth throughout Buddhist history and up to modern times, noting the role of confirmation bias in evaluation of evidence. Chapter 3 reviews the merits of current research on rebirth, including near-death experience, past-life regression, and children who recall previous lives. The chapter concludes with an examination of xenoglossy, the ability to speak languages one has not learned previously, and chapter 4 examines the particular case of Dhammaruwan, a Sri Lankan boy who chants Pali texts that he does not appear to have learned in his present life. *Rebirth in Early Buddhism and Current Research* brings together the many strands of the debate on rebirth in one place, making it both comprehensive and compact. It is not a polemic but an interrogation of the evidence, and it leaves readers to come to their own conclusions.

Explores various clinical techniques used to help patients overcome fear, chronic pain, and addiction.

*Exploring Reincarnation* examines the full range of explanations for past-life recall. This definitive study includes case histories from around the world, as well as intriguing theories about the relationship between body and soul - from general social beliefs about past lives to detailed questions about karma and past-life regression therapy. An outstanding introduction to reincarnation from a historical, scientific, and philosophical point of view. *Exploring Reincarnation* is the now classic panorama on reincarnation ideas and experiences.

As more people practice meditation, yoga, and participate in workshops for personal transformation, increasing numbers of them are having experiences related to spiritual awakening. The problem is they don't know the territory. An intense spiritual experience can seem overwhelming and scary and even be confused with going crazy. This practical book is the classic text, newly updated in 2006 (3rd edition), defining the problems that can arise when someone is disoriented by intense spiritual experiences. It is a valuable resource for anyone interested in spiritual experiences and their relationship to mental health and mental illness. It distinguishes the differences between various mental pathologies and indicators of spiritual awakening. It clearly describes the kind of care one needs in a spiritual emergency process and how the care is dramatically different than conventional psychiatric treatment. It traces the history of how signs of spiritual awakening have been perceived in the past. Graduate schools of psychology use this book as a text because it is such a clear statement about the nature of spiritual crises and appropriate treatment. However, it is written in a style that is also appropriate for any adult reader. The author, a transpersonal psychologist, has written five other books on spiritual healing and awakening. The title of the first edition of this book was "A Sourcebook for Helping People in Spiritual Emergency" and was published in 1988.

Breaches the wall between the psychotherapeutic and the sacred as respected pioneers in the field give their vision of the synergistic potential in these two powerful traditions. In *Handbook to the Afterlife*, two seasoned experts with decades of experience working with channeled material describe the stages that spirits go through, focusing on the details that these accounts have in common. Just as life itself has different stages of growth and development, so most accounts of the afterlife are consistent with the authors' view that dying and rebirth are also continuous processes. Beginning with the moment of death itself, progressing through different transitional stages, and ending with the return of spirits to the physical plane, authors Pamela Heath and Jon Klimo define the purposes and pitfalls of each stage. They look at the kinds of adjustment problems that occur in each phase, and how spirits can be helped to move forward. Questions of pain and emotional state at the time of death, karma, and reincarnation are sensitively addressed. The book includes practical techniques for opening up communication with those who have passed on to the other side. While of interest to anyone seeking a general overview of the subject, *Handbook to the Afterlife* is particularly useful for those dealing with spirits who have not moved on, such as ghosts.

Translates from Chinese to English, and is arranged based on the Chinese pronunciation.

This literary masterpiece is a collection of several well-known regression therapists who share their clinical insights into the field of Regression Therapy. Volume One includes the process of past life regression, reframing, and cathartic methodologies. Volume Two explores several other areas benefited by the use of regression therapy.

Sixteen million Americans (5% of our population) are crippled by serious mental illness according to the National Institute of Mental Health. A lead article in Reuters News in August 2011

reported that 40% of people (201 million) in the European Union are mentally ill or have brain disorders. The numbers of mentally-disabled-from tots to seniors- needing supplemental income supplied by their governments is swelling at an alarming rate. In the USA it's 6 times what it was in 1955. Can one recover from serious mental imbalance? How? These questions are increasingly important to emotionally disturbed people and the governments supporting them. It's crazy, but top research psychiatrists now admit "We still don't know the cause of most mental illness; indicators show it is not a 'broken brain' that can be fixed by medications." Resources for Extraordinary Healing exposes a new paradigm about the causes of mental disturbances and maps pathways to full recovery. An effective model of care from Brazil that has been developed since the 1930s is described. The treatment addresses biological, psychosocial, and spiritual issues- not separately, but together. The collaborating healthcare team is made up of medical doctors, psychiatrists, medical intuitives and spiritual healers. Trained volunteers bring compassionate understanding and companionship. It is more cost-effective than our system. Compelling stories point to accessible resources in the USA that are similar to what Brazil offers. Contact information is well organized, making this book an excellent guide and an inspiring reference for patients, their families, psychotherapists, psychiatrists and healthcare providers. It will be of value anywhere people seek information, compassionate care, and illuminating perspective on recovering mental health.

Could our memories of past-life experiences offer a key to unlocking the mysteries and questions we struggle with today? According to Dr. Roger Woolger, the answer is yes—and anyone can learn to explore these extraordinary memories to retrieve valuable healing insights. With *Healing Your Past Lives*, Woolger gathers together an astonishing two decades of research that he has conducted with hundreds of patients, to offer a clear account of past lives—including many specific techniques to begin investigating them. Readers join Woolger to discover: How past-life memories can help resolve cases of depression, anxiety, and other inexplicable symptoms World teachings and clinical evidence on past lives Six guided past-life practices on CD, and much more

This book provides a systematic, inter-disciplinary examination of beliefs in as well as evidence for reincarnation that will appeal to students of anthropology, religious studies, philosophy, and the psychology of consciousness and memory, as well as parapsychology.

It describes the amazing transformational journey of a young female patient in a hospital environment who had depression, insomnia, dissociative amnesia, suicidal thoughts, auditory hallucinations and flashbacks. When the traditional medical approached did not work she underwent regression therapy with one of the surgeons in the hospital. This rapidly brought her out of the depths of despair and helped her to move on in life. It is a story of hope, inspiration and the dedication of a doctor's courage in facing the medical community with his beliefs of the power of regression therapy

Psychiatry remains an emerging discipline. Many people suffer from ailments that have no apparent cause, no obvious cure. Quite by accident, while using hypnotherapy, Dr. Modi discovered that pastlife regression can be a beneficial treatment. Many of these patients, under hypnosis, claimed to have spirits attached to their bodies and energy fields, creating psychological and physical problems. Based on years of experience, Dr. Modi describes techniques that release these spirits, revealing how patients can sometimes recover within a few sessions. While most doctors would agree that emotional states affect our health, few would give credence to spiritual "influences." In this truly groundbreaking book, Dr. Modi presents evidence that something beyond the physical affects the health of many people, and urges medical scientists to objectively assess this revolutionary approach to mental and, often, physical illness. Pioneers have the courage to put aside the status quo and evaluate what the evidence shows, even if it defies the prevailing logic of the time. Both physicians and the general public should explore the pioneering work of Dr. Modiwork which no doubt has produced many remarkable healings.

Regression TherapyA Handbook for ProfessionalsTranspersonal Publishing Company

Dr. Benor addresses his explorations from the standpoint of an advocate, but one who is an open-minded explorer, neither from a religious nor a conventional medical perspective. The breadth and depth of the research reports in this volume, on the psychic, intuitive and spiritual aspects of healing will engage even the knowledgeable reader. This book is destined to take its place among the most influential and controversial in the field of claims, reports, and experiences of unconventional healing and spiritual awareness.

*Labyrinths of Love* is an interdisciplinary examination of the self, psyche, and soul, providing a comparative analysis from religious, paranormal research and transpersonal theory perspectives. The work creates a unique synthesis that unfolds what it means to be human and demonstrates a visionary epistemology of the self.

*Transpersonal Hypnosis* presents a multidimensional, energy-based view of human awareness that integrates disparate biological, psychological, and spiritual therapeutic techniques. Each of the chapters - all from world-renowned contributors - includes both a historical overview and the theory behind the development of each technique. The authors emphasize experimental studies that examine the validity of using hypnotically accessed transpersonal states of consciousness to heal the body, mind, and spirit. Several clinical vignettes highlight the types of medical and psychological symptoms responsive to these approaches. The emerging field of spiritually-influenced treatments is transforming the practice of medicine.

Discover your true purpose in this life, by exploring your past life in this do-it-yourself guide to past life regression. Award-winning hypnotherapist Dr. Georgina Cannon shows how we can consciously influence our future by better understanding our past in *Return Again: How to Find Meaning in Your Past Lives and Your Interlives*. Cannon offers a practical and accessible approach that anyone can use to discover: Body and soul agreementsPlanes of existenceLevels of understandingKarmaSoul Mates--you may have more than one!Past lives and your "interlife"--where you meet those with whom you have a soul contract to plan your next life. Cannon offers a step-by-step process with simple explanations and pragmatic exercises that readers can use to answer questions about their past and current lives. *Return Again* is an easy-to-use tool that anyone can use to live life to the fullest.

"Matthew Stein's comprehensive guide to sustainable living skills gives you the tools you need to fend for yourself and your family in times of emergency or disaster. It also goes a step further, giving sound instructions on how to become self-reliant in seemingly stable times and for the long term by adopting a sustainable lifestyle"--Cover, p. 4.

The title of this book draws our attention to the difference between two people having sex simply for having sex and two people having sex as an expression of love. It is a timely discourse when sexuality is being sorely tested.

This provocative study explores what happens to those who commit suicide. Drawing on communications from the spirits of more than 100 'successful' suicides, it offers an intriguing look at what the dead themselves say about suicide, its repercussions, and their experiences in the afterlife. Bringing together the channeled messages of three types of suicide—traditional suicide, assisted suicide, and the suicide mass murder adopted by terrorists—the book covers a wide range of topics, including why people commit suicide, what it is like to cross over, adjustment problems, what suicides would say to those left behind, and what they would tell others thinking of taking their own lives. Additionally, the book conveys powerful messages from suicide bombers, warning potential terrorists of the serious karmic consequences that await them. For anyone contemplating suicide or euthanasia, the book offers profound, sometimes unsettling, insight into the ramifications of these acts.

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