

## Polyamory In The 21st Century Love And Intimacy With Multiple Partners

The issues that make monogamous dating daunting for people of color—shaming and exclusion by white partners, being fetishized, having realities of everyday racism ignored—occur in polyamorous relationships too, and trying "not to see race" only makes it worse. To make polyamorous communities inclusive, we must all acknowledge our part in perpetuating racism and listen to people of color. Love's Not Color Blind puts forward the framework—through research, anecdotal testimony, and analogy—for understanding, identifying, and confronting racism within polyamorous communities. Consensual nonmonogamy (CNM) means that all partners in a relationship consent to expanded monogamy or polyamory. Clinicians are on the front line in providing support for the estimated millions pioneering these modern relationships. This first available guide for therapists provides answers to prevalent questions: What is the difference between expanded monogamy and polyamory? Is CNM healthy and safe? Why would someone choose the complexities of multiple partners? What about the welfare of children? Through illustrative case studies from research and clinical practice, therapists will learn to assist clients with CNM agreements, jealousy, sex, time, family issues, and much more. A Therapist's Guide to Consensual Nonmonogamy serves as a step forward toward expanding standard clinical training and helps inform therapists who wish to serve the CNM population.

"The Oxford Handbook of Sexual and Gender Minority Mental Health provides an overview of the current research on the mental health of sexual and gender minority (SGM) populations. It is aimed at researchers conducting studies on the mental health of SGM populations, clinicians and researchers interested in psychiatric disorders that affect SGM populations, clinicians using evidence-based practice in the treatment of SGM patients/clients, students in mental health programs (clinical psychology, psychiatry, clinical social work, and psychiatric nursing), and policymakers. This chapter defines some terms and provides an overview of current and past SGM research methods"--

This anthology takes an international and cross-cultural approach to discussions about friendship by curating a set of diverse contributions situated in a transnational context. These interdisciplinary contributions take friendship seriously as a subject of feminist and legal study and hone in specifically on polyamory, polygamy, and Platonic affinities, considering the sexual and non-sexual ties of affect and affinity that link a diverse range of contemporary friendships that exist cross-culturally. This highly original book teases out commonalities between experiences of affinity that are enmeshed with the differences between social, national, legal, and cultural frameworks that surround these relationships of affinity and affect, and troubles forms of government and legal regulation that prohibit or fail to recognize the consensual interdependence connecting diverse forms of human friendship.

Surveying the many forms of non-possessive intimate relationships, this book explains how these alternative lifestyle arrangements work, psychologically, and describes the benefits and risks for those involved within contemporary contexts such as swinging, threesomes, polyamory, and recreational sex clubs. • Describes a relatively new form

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of intimate relationship that is not well known to most people yet is intriguing to nearly all • Offers potential erotic options to couples struggling with diminishing passion • Suggests psychological insights as to what makes nontraditional relationships work • Engages readers with appropriate humor to better illustrate the concepts and theories regarding non-possessive intimate relationships

This volume provides researchers and scholars with a broad overview of the contributions of social psychologists and sociologists to the study of sexual relationships and sexual expression across the life course. These contributions include analyses of the dynamics of several types of contemporary sexual relationships – e.g., short-term, long-term non-exclusive, and committed. Chapters analyze the influence of major social institutions – e.g., religion, family and economy - on them. The content and scope of this volume have been carefully chosen to balance coverage of traditional emphases – dating, marriage, commercial sex work, sex education - with new and cutting edge materials – embodiment, Trans\*, asexualities. Sections review major theoretical perspectives and the principal research methods. Coverage of sexual orientation is integrated throughout. This volume provides excellent resources for anyone interested in research on sexualities.

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Liefde, vrouw zijn en seksualiteit, en de millennial dating cultuur. Vol onconventionele opvattingen over seks en de alleenstaande vrouw. Voor de lezers van 'I Love Dick' van Chris Kraus. Met voorwoord van Simone van Saarloos.

The second edition of *A Clinician's Guide to Systemic Sex Therapy* has been completely revised, updated, and expanded. This volume is written for beginning psychotherapy practitioners in order to guide them through the complexities of sex therapy and help them to be more efficient in their treatment. The authors offer a unique theoretical approach to understanding and treating sexual problems from a systemic perspective, incorporating the multifaceted perspectives of the individual client, the couple, the family, and the other contextual factors. Both beginning and experienced sex/relationship therapists will broaden their perspectives with the Intersystem approach and gain information rarely seen in sex therapy texts such as: how to thoroughly assess each sexual disorder, the implementation of various treatment principles and techniques, how to incorporate homework, dealing with ethical dilemmas, understanding different expressions of sexual behavior, and addressing the impact of medical problems on sexuality. Aside from bringing the diagnostic criteria up-to-date with the DSM 5, this new edition contains a new chapter on sensate focus, an expanded section on assessment, more information about development across the lifespan, and more focus on diversity issues throughout the text.

If half of all cars bought in America each year broke down, there would be a

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national uproar. But when people suggest that maybe every single marriage doesn't look like the next and isn't meant to last until death, there's nothing but a rash of proposed laws trying to force it to do just that. In *The New I Do*, therapist Susan Pease Gadoua and journalist Vicki Larson take a groundbreaking look at the modern shape of marriage to help readers open their minds to marrying more consciously and creatively. Offering actual models of less-traditional marriages, including everything from a parenting marriage (intended for the sake of raising and nurturing children) to a comfort or safety marriage (where people marry for financial security or companionship), the book covers unique options for couples interested in forging their own paths. With advice to help listeners decide what works for them, *The New I Do* acts as a guide to thinking outside the marital box and the framework for a new debate on marriage in the 21st century.

*Couple and Family Psychoanalysis* is an international journal sponsored by Tavistock Relationships, which aims to promote the theory and practice of working with couple and family relationships from a psychoanalytic perspective. It seeks to provide a forum for disseminating current ideas and research and for developing clinical practice. The annual subscription provides two issues a year. Articles - "How to Cure Family Disturbance": Enid Balint and the Creation of Couple Psychoanalysis Twenty-first Enid Balint Memorial Lecture 2016 by Brett Kahr - Response to "How to Cure Family Disturbance": Lily Pincus, Martin Buber, and Projective Identification by Viveka Nyberg - The Confinement of Compromise Formations: a Formable Aspect of Psychoanalytic Couple Therapy by Robert Waska - When the Couple is not Enough, or When the Couple is Too Much: Exploring the Meaning and Management of Open Relationships by Damian McCann - Echoes of the Serial Murder of the Psyche: A Psychoanalytic Approach to Serial Marriage by Hejan Epözdemir Clinical Narrative and Discussion

*Marriages and Families in the 21st Century* puts contemporary relationships and family structures in context for today's students. Using a bioecological framework, the book reveals how families are shaped by multiple influences, from biological to cultural, that interact with one another. Chapters cover topics from parenting to gender issues within an interdisciplinary context, weaving in stories, visuals, and examples of diverse families to dispel longstanding myths. The book creates a personalized learning experience with frequent self-assessments and strengths exercises, while ensuring that students come to understand the research and build scientific analysis and critical thinking skills along the way. Robust digital tools and resources including SAGE edge and an interactive eBook with SAGE Premium Video help readers develop a multi-layered understanding of today's modern families while challenging them to re-evaluate their own assumptions and experiences. SAGE Premium Video included in the Interactive eBook! Families Today videos boost comprehension and bolster analysis—easily accessible via the interactive eBook. Your students save when you bundle the interactive eBook with the new edition. Use bundle ISBN

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No one likes a know-it-all, but everyone loves a girl with brains and heart. The Smart Girl's Guide to Polyamory is an intelligent and comprehensive guide to polyamory, open relationships, and other forms of alternative love, offering relationship advice radically different from anything you'll find on the magazine rack. This practical guidebook will help women break free of the mold of traditional monogamy, without the constraints of jealousy, possessiveness, insecurity, and competition. The Smart Girl's Guide to Polyamory incorporates interviews and real-world advice from women of all ages in nontraditional relationships, as well as exercises for building self-awareness, confidence in communication, and strategies for managing and eliminating jealousy. If you're curious about exploring group sex, opening up your current monogamous relationship, or ready to "come out" as polyamorous, this book covers it all! Whether you're a seasoned graduate, a timid freshman, or somewhere in between, you'll learn how to discover and craft unique relationships that are healthy, happy, sexy, and tailor-made for you. Because when it comes to your love life, being a know-it-all is actually a great thing to be.

This far-reaching and contemporary new Encyclopedia examines and explores the lives and experiences of Lesbian, Gay, Bisexual, Transgender and Queer (LGBTQ) individuals, focusing on the contexts and forces that shape their lives. The work focuses on LGBTQ issues and identity primarily through the lenses of psychology, human development and sociology, emphasizing queer, feminist and ecological perspectives on the topic, and addresses questions such as: · What are the key theories used to understand variations in sexual orientation and gender identity? · How do Gay-Straight Alliances (GSA) affect LGBTQ youth? · How do LGBTQ people experience the transition to parenthood? · How does sexual orientation intersect with other key social locations, such as race, to shape experience and identity? · What are the effects of marriage equality on sexual minority individuals and couples? Top researchers and clinicians contribute to the 400 signed entries, from fields such as: · Psychology · Human Development · Gender/Queer Studies · Sexuality Studies · Social Work · Sociology The SAGE Encyclopedia of LGBTQ Studies is an essential resource for researchers interested in an interdisciplinary perspective on LGBTQ lives and issues.

The American family has come a long way from the days of the idealized family portrayed in iconic television shows of the 1950s and 1960s. The four volumes of The Social History of the American Family explore the vital role of the family as the fundamental social unit across the span of American history. Experiences of family life shape so much of an individual's development and identity, yet the patterns of family structure, family life, and family transition vary across time,

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space, and socioeconomic contexts. Both the definition of who or what counts as family and representations of the “ideal” family have changed over time to reflect changing mores, changing living standards and lifestyles, and increased levels of social heterogeneity. Available in both digital and print formats, this carefully balanced academic work chronicles the social, cultural, economic, and political aspects of American families from the colonial period to the present. Key themes include families and culture (including mass media), families and religion, families and the economy, families and social issues, families and social stratification and conflict, family structures (including marriage and divorce, gender roles, parenting and children, and mixed and non-modal family forms), and family law and policy. Features: Approximately 600 articles, richly illustrated with historical photographs and color photos in the digital edition, provide historical context for students. A collection of primary source documents demonstrate themes across time. The signed articles, with cross references and Further Readings, are accompanied by a Reader’s Guide, Chronology of American Families, Resource Guide, Glossary, and thorough index. The Social History of the American Family is an ideal reference for students and researchers who want to explore political and social debates about the importance of the family and its evolving constructions.

This two-volume Handbook provides a major thematic overview of global sexualities, spanning each of the continents, and its study, which is both reflective and prospective, and includes traditional approaches and emerging themes. The Handbook offers a robust theoretical underpinning and critical outlook on current global, glocal, and ‘new’ sexualities and practices, whilst offering an extensive reflection on current challenges and future directions of the field. The broad coverage of topics engages with a range of theories, and maintains a multi-disciplinary framework. PART ONE: Understanding Sexuality: Epistemologies/Conceptual and Methodological Challenges PART TWO: Enforcing and Challenging Sexual Norms PART THREE: Interrogating/Undoing Sexual Categories PART FOUR: Enhancement Practices and Sexual Markets/Industries PART FIVE: Sexual Rights and Citizenship (And the Governance of Sexuality) PART SIX: Sexuality and Social Movements PART SEVEN: Language and Cultural Representation

This thoroughly revised second edition offers a child-centered, international perspective as it urges America to de-stigmatize alternate family forms. \*

Includes an extensive bibliography

The case for marriage equality and monogamy in a democratic society The institution of marriage stands at a critical juncture. As gay marriage equality gains acceptance in law and public opinion, questions abound regarding marriage's future. Will same-sex marriage lead to more radical marriage reform? Should it? Antonin Scalia and many others on the right warn of a slippery slope from same-sex marriage toward polygamy, adult incest, and the dissolution of marriage as we know it. Equally, many academics, activists, and intellectuals on the left contend that there is no place for monogamous marriage as a special status

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defined by law. *Just Married* demonstrates that both sides are wrong: the same principles of democratic justice that demand marriage equality for same-sex couples also lend support to monogamous marriage. Stephen Macedo displays the groundlessness of arguments against same-sex marriage and defends marriage as a public institution against those who would eliminate its special status or supplant it with private arrangements. Arguing that monogamy reflects and cultivates our most basic democratic values, Macedo opposes the legal recognition of polygamy, but agrees with progressives that public policies should do more to support nontraditional caring and caregiving relationships.

Throughout, Macedo explores the meaning of contemporary marriage and the reasons for its fragility and its enduring significance. His defense of reformed marriage against slippery slope alarmists on the right, and radical critics of marriage on the left, vindicates the justice and common sense of the emerging consensus. Casting new light on today's debates over the future of marriage, *Just Married* lays the groundwork for a stronger institution.

For nearly 40 years researchers have been using narratives and stories to understand larger cultural issues through the lenses of their personal experiences. There is an increasing recognition that autoethnographic approaches to work and organizations add to our knowledge of both personal identity and organizational scholarship. By using personal narrative and autoethnographic approaches, this research focuses on the working lives of individual people within the organizations for which they work. This international handbook includes chapters that provide multiple overarching perspectives to organizational autoethnography including views from fields such as critical, postcolonial and queer studies. It also tackles specific organizational processes, including organizational exits, grief, fandom, and workplace bullying, as well as highlighting the ethical implications of writing organizational research from a personal narrative approach. Contributors also provide autoethnographies about the military, health care and academia, in addition to approaches from various subdisciplines such as marketing, economics, and documentary film work. Contributions from the US, the UK, Europe, and the Global South span disciplines such as organizational studies and ethnography, communication studies, business studies, and theatre and performance to provide a comprehensive map of this wide-reaching area of qualitative research. This handbook will therefore be of interest to both graduate and postgraduate students as well as practicing researchers.

“A fast-paced debut... A candid, modern take on polyamory for fans of memoirs and graphic novels, and anyone interested in stories of dating, love, and romance.” —*Library Journal* After trying for years to emulate her boomer parents' forty-year and still-going-strong marriage, Sophie realized that maybe the love she was looking for was down a road less traveled. In this bold, graphic memoir, she explores her sexuality, her values, and the versions of love our society accepts and practices. Along the way, she shares what it's like to play on Tinder

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side-by-side with your boyfriend, encounter—and surmount—many types of jealousy, learn the power of female friendship, and other amazing things that happened when she stopped looking for “the one.” In a lot of ways, *Many Love* is Sophie’s love letter to everyone she has ever cared for. Witty, insightful, and complete with illustrations, this debut provides a memorable glimpse into an unconventional life.

This unique, timely book of original essays sets the stage for a new materialist feminist debate on the analysis, ethics and politics of love. The contributors raise questions about social power and domination, situating their research in a materialist feminist perspective that investigates love historically, in order to understand changing ideologies, representations and practices. The essays range from studies of particular representations and examples of love - feminist translation, mass media images and internet love blogs - to feminist theories of love and marriage, to ethical and political theories describing, critiquing or advocating the use of love in groups as a radical force. They break new ground in bringing together questions of gendered interests in love, temporal dimensions of loving practices and the politics of love in radical transformations of society.

Author Roger King asks a question we may find truly challenging: Could humanity make a huge shift in consciousness and realize we are more naturally polyamorous than monogamous? In this narrative, a vulnerable story emerges when Roger and his partner separate. With heartfelt anger, love, and wisdom, Roger unveils his inner secret, admitting he is a polyamorous man—he loves more than one woman. Roger writes with disarming honesty and offers insights that can help men and women become open and receptive to love without fear. The message is simple, not always easy: You can change your thoughts with radical honesty and change your life. Men: Are you willing to love yourself and make the world safer for us to love each other? Women: Can you trust men with your love? Can we learn to replace jealousy of all types with unconditional love? Can war and terrorism stop and all types of slavery cease? Salvation lies in all of us waking up and learning to love who we truly are. “If a male version of Louise Hay exists, Roger is it!” —Isabelle P. Walker-Lefebvre, Heal Your Life facilitator “Roger walks his talk, and it’s so easy to be real around him.” —Sam Hardy, business owner Who would be fearful, critical, or jealous of you, if you changed by loving yourself and then shining that love and the powerful miracle within you to create a whole new way of being and living?

Seks is overal. Op tv, op straat, op social media - er is geen ontkomen aan. Voortdurend flitsen verstrengelde lijven, suggestieve halfopen monden en seksspeeltjes voorbij. Wij westerlingen moeten dus wel bevrijd zijn, werkelijk vrij in wat we met onze lichamen doen. Lang geloofden Anaïs Van Ertvelde en Heleen Debruyne dat ook, maar steeds vaker merkten ze dat hun verlangens toch botsten op bestaande normen. Normen die goed verborgen maar daarom des te hardnekkiger zijn. In dit boek leggen Van Ertvelde en Debruyne bloot dat 'seksuele vrijheid' een illusie is. Ze zoeken in de geschiedenis, cultuur en

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wetenschap en in hun eigen ervaringen naar wat onze lichamen beknot, in de hoop zo de nodeloze schaamte eindelijk voorbij te raken.

Bisexuality in Europe offers an accessible and diverse overview of research on bisexuality and bi+ people in Europe, providing a foundation for theorising and empirical work on plurisexual orientations and identities, and the experiences and realities of people who desire more than one sex or gender. Counteracting the predominance of work on bisexuality based in Anglo-American contexts, this collection of fifteen contributions from both early-career and more senior academics reflects the current state of research in Europe on bisexuality and people who desire more than one sex or gender. The book is structured around three interlinked themes that resonate well with the international research frontiers of bisexual theorising: bisexual citizenship, intimate relationships, and bisexual+ identities. This book is the first of its kind in bringing together research from various European countries including Austria, Finland, Italy, the Netherlands, and Scandinavian countries, as well as from Europe as a wider geographical region.. Topics include pansexual identity, non-monogomies, asylum seekers and youth cultures. This is an essential collection for students, early career researchers, and more senior academics in Gender Studies, LGBTQI Studies and Sexuality Studies.

Provides an analysis of polyamory--having an intimate relationship with more than one person at a time--looking at the practice as a lifestyle and as a movement, and includes anecdotes of personal experiences.

Polyamory is not always easy. With multiple partners often come more complex relationships to navigate. This practical guide looks at the common causes of polyamorous breakups, identifies strategies to avoid ending relationships, and provides you with the toolkit to survive a breakup. Kathy Labriola uses real life examples and expert insight as a counselor and nurse. From how to handle jealousy to the practicalities of managing money and time with multiple partners, this book includes tips and insights from the polyamory community. It is inevitable that some relationships will end in a breakup. This book helps you maintain friendships and minimize the impact of a breakup on the rest of your polycule and wider community. Unlike traditional breakup guides, Labriola's book offers insight specific to the polyamory community and addresses the unique challenges that come with multiple partners.

Polyamory means having simultaneous close emotional, and possibly sexual, relationships with two or more other individuals with the knowledge and consent of all partners concerned. The growing practice of polyamory in the U.S. indicates a significant shift in the way marriage and intimate relationships have evolved over the last few decades. This is the first book on the topic written for a general audience, for both those interested in practicing polyamory and those who have no intention of doing so. Readers who would like to better understand what this increasingly visible way of relating is all about will find answers here. People who do practice polyamory will find a careful analysis of the lifestyle and the various

issues, concerns, and rewards that grow out of this lifestyle.

My wife and I love our sons unconditionally and equally. Talking with one of them about his atheism has brought me to a new dimension in my relationship with him, to a review of my own christian beliefs, to a more critical examination of the church, and to a different understanding of ministry in today's world. As personal as I make this all sound, my family represents a thousand families, a hundred thousand and more, who have sat in painful silence because religious differences have taken away their voice. They tire of confrontation, angry discussions, verse hurling and jabbing one another with theories over every conceivable divisive issue. It is a powerful idea that those who do not share our faith should know that we do, not so much in our argument as in our love. It is time to listen.

21st Century Sociology: A Reference Handbook provides a concise forum through which the vast array of knowledge accumulated, particularly during the past three decades, can be organized into a single definitive resource. The two volumes of this Reference Handbook focus on the corpus of knowledge garnered in traditional areas of sociological inquiry, as well as document the general orientation of the newer and currently emerging areas of sociological inquiry. With twenty-five essays, fourteen of which are new to this edition, this best-selling volume examines the nature, morality, and social meanings of contemporary sexual phenomena. Topics include sexual desire, masturbation, sex on the Internet, homosexuality, transgender and transsexual issues, rape, and promiscuity. New chapters discuss polyamory, transgender issues, queer issues, paraphilia, drugs and sex, objectification, BDSM, cybersex, and sex and race. Updated and new discussion questions offer students starting points for debate in both the classroom and the bedroom.

New Religions and the Mediation of Non-Monogamy examines the relationship between alternative American religions and the media representation of non-monogamies on reality-TV shows like *Sister Wives*, *Seeking Sister Wife*, and *Polyamory: Married & Dating*. The book is the first full-length study informed by fieldwork with Mormon polygamists and fieldwork with LGBTQ Neo-Pagan/Neo-Tantric polyamorists. The book tracks community members' responses to the new media about them, their engagement with television and other media, and the likeness of representations to actual populations through fieldwork and interviews. The book highlights differences in socioeconomic privileges that shape Mormon polygamists' lives and LGBTQ polyamorists' lives, respectively. The polyamory movement receives support from liberal media. As reality TV has shifted the image of Mormon polygamy to one of liberal American middle-class culture, Mormon polygamists have gained in public favor. The media landscape of non-monogamy is mediated by, in addition to these alternative religious populations, the norms and practices of the reality-TV industry and by sociocultural and economic realities, including race and class. This book adds to the fields of media studies, critical race and gender studies, new religious movements, and queer studies.

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This three-volume set is a rich resource for readers in any discipline interested in understanding the global, regional, and domestic experiences of LGB people. This interdisciplinary set makes a vital contribution to understanding how LGB rights are progressing—and in some cases, regressing—around the globe. The three volumes look at the lived experiences of LGB people from varied perspectives and provide comprehensive coverage on a wide variety of topics ranging from LGB youth and LGB aging to the approaches to LGB people of different religions, including Islam, Judaism, and Christianity. Chapters focus on topics including the ongoing criminalization of same-sex sexual conduct and how international human rights law can be used to improve the lives of LGB people. Particular attention is paid to the rights of bisexuals, a group often ignored in works focusing on sexual orientation. Volume 1 focuses on history, politics, and culture relating to LGB people; Volume 2 focuses on the laws—domestic and international—governing LGB people; and Volume 3 provides snapshots of the current state of LGB experience in countries worldwide, presented by geographical region: Europe, the Americas, Africa, the Middle East and the Asia Pacific region. Includes contributions on the experience of LGB people in countries and regions that are extremely hostile to sexual minorities, including Russia, Iran, the Caribbean, Zimbabwe, and Uganda. Considers a multitude of factors that influence LGB people's quality of life, including, health, education, the economy, technology, religion, and the law. Offers comprehensive domestic, regional, and international accounts, serving as a one-stop source for in-depth, quality global research on LGB people. Addresses the intersectionality of discrimination based on sexuality and race, religion, and age.

This textbook offers a comprehensive overview of research on LGBTQ-parent families. The new edition of the textbook provides updated information and expands on the range and depth of current research. The volume features contributions from scholars in psychology, sociology, human development, family studies, gender studies, sexuality studies, legal studies, social work, and anthropology. In addition, the textbook offers an international perspective, with coverage spanning many diverse nations and cultures. Chapters highlight key research, exploring sexual orientation in relation to other key social identities, such as gender, race, and nationality. Chapters also discuss new, emerging areas of research, including asexuality and immigration. The textbook concludes with a section on the growing sophistication of research methodology in the study of LGBTQ-parent families. The second edition includes new chapters discussing: LGBTQ-parent families and health. LGBTQ foster parents. LGBTQ adults and sibling relationships. LGBTQ-parent families and poverty. LGBTQ-parent families and separation/divorce. LGBTQ-parent families and religion. LGBTQ-parent families and grief/loss. Methods, recruitment, and sampling in research with LGBTQ families. Teaching/pedagogy on LGBTQ-parent families. LGBTQ-Parent Families, 2nd Edition, is a valuable updated resource for graduate students as well as veteran and beginning clinicians across disciplines, including family studies, family therapy, gender studies, public health, social policy, social work and child and adolescent psychology as well as related disciplines across mental health and educational services.

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Ik wil dat je van me houdt. Ik wil dat je mijn vrienden aardig vindt. Ik wil weten wat je denkt. Ik wil dat je me kust. Ik wil dat je me geeft wat ik nodig heb. Ik wil dat je uit jezelf weet wat ik nodig heb. Ik wil, ik wil, ik wil Wij willen zo veel en meestal wenden wij ons tot onze geliefde, want hij of zij kan alles regelen, moet alles regelen, vinden wij. Maar als onze geliefde niet voldoet aan onze verwachtingen, dan zijn frustratie, weersin, wanhoop ons deel. Om ervoor te zorgen dat we toch krijgen wat we willen gaan we dan de gekste dingen doen. Alles hebben we over voor liefde, voor goedkeuring, voor waardering. Als u ik heb je liefde nodig, is dat waar? leest, leert Byron Katie je hoe je prettiger en gelukkiger kunt leven, maar zij zal geen spaan heel laten van je zorgvuldig opgebouwde romantisch ideaal.

Vivid narratives, fresh insights, and new theories on where gender theory and research stand today Since scholars began interrogating the meaning of gender and sexuality in society, this field has become essential to the study of sociology. *Gender Reckonings* aims to map new directions for understanding gender and sexuality within a more pragmatic, dynamic, and socially relevant framework. It shows how gender relations must be understood on a large scale as well as in intimate detail. The contributors return to the basics, questioning how gender patterns change, how we can realize gender equality, and how the structures of gender impact daily life. *Gender Reckonings* covers not only foundational concepts of gender relations and gender justice, but also explores postcolonial patterns of gender, intersectionality, gender fluidity, transgender practices, neoliberalism, and queer theory. *Gender Reckonings* combines the insights of gender and sexuality scholars from different generations, fields, and world regions. The editors and contributors are leading social scientists from six continents, and the book gives vivid accounts of the changing politics of gender in different communities. Rich in empirical detail and novel thinking, *Gender Reckonings* is a lasting resource for students, researchers, activists, policymakers, and everyone concerned with gender justice.

Different forms of consensual nonmonogamy, such as polyamory and swinging, have achieved greater prominence in daily conversation and representation in mass media. Although advocates recognize that the presence of additional people creates difficulties, the author argues that this greater complexity may lead to unavoidable instability. Drawing from classic work by Georg Simmel as well as modern research in the social sciences, James K. Beggan considers how the presence of a third person is what allows the formation of coalitions which then become part of the process that can break apart the triad. This paradox—explained with reference to game theory and social interdependence—represents the existential threat to the quest for consensual nonmonogamy. Beggan describes how psychological processes involving social comparison and gender and sexual orientation can limit the formation of certain types of coalitions which, in turn, influence which relationships can be expected to emerge in the context of consensual nonmonogamy. His analysis includes macro-level social issues related to establishing consensual nonmonogamy as a valid social identity and alternative to conventional marriage. Using insights from game theory, he suggests possible meta-solutions to coalition conflicts that emerge in triadic romantic and sexual relationships.

From the initial stages of trying to agree who can do what with whom, through advanced issues such as coping with logistics and seeking compersion, every

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relationship sooner or later confronts jealousy – and some relationships do not survive the confrontation. Between these covers you will find forty-two exercises with supporting text, developed by a professional relationship counselor and refined by hundreds of clients trying to find their own paths through jealousy. They range from basic (Exercise Two, Clarify Your Relationship Orientation) through challenging (Exercise Thirty-Four, Imagine Looking Through Their Eyes and Being In Their Shoes). All can be done solo, with a partner, or under the supervision of a helping professional, and all can be done before a problem emerges or in the throes of a jealousy crisis. Along the way, you will find solutions to the issues that bedevil even the most happily open relationships.

Unlike other books on this topic, *Polyamory in the 21st Century* weaves together research and facts to provide an informed and impartial analysis of polyamory as a lifestyle and as a movement, and to place it in a psychosocial as well as an historical context. Anecdotes and personal experiences allow the reader to develop a better understanding of polyamory and the people who practice and enjoy it. Anapol addresses the practical, the utopian, and the shadow sides of this intriguing, mysterious, yet often threatening lifestyle. It honestly addresses difficult issues such as the nature of commitment without exclusivity, balancing personal needs with loyalty to a partner, evaluating beliefs about love and relationship, the impact of polyamory on children, and the challenges that arise when one partner wants monogamy and another prefers polyamory. Without judgement, she explores this increasingly common practice, and reveals the true nature of a lifestyle that many do not understand.

Although there are many kinds of love, erotic love has been celebrated in art and poetry as life's most rewarding and exalting experience, worth living and dying for and bringing out the best in ourselves. And yet it has excused, and even been thought to justify, the most reprehensible crimes. Why should this be? This Very Short Introduction explores this and other puzzling questions. Do we love someone for their virtue, their beauty, or their moral or other qualities? Are love's characteristic desires altruistic or selfish? Are there duties of love? What do the sciences - neuroscience, evolutionary and social psychology, and anthropology - tell us about love? Many of the answers we give to such questions are determined not so much by the facts of human nature as by the ideology of love. Ronald de Sousa considers some of the many paradoxes raised by love, looking at the different kinds of love - affections, affiliation, philia, storage, agape, but focusses on eros, or romantic love. He considers whether our conventional beliefs about love and sex are deeply irrational and argues that alternative conceptions of love and sex, although hard to formulate and live by, may be worth striving for. ABOUT THE SERIES: The Very Short Introductions series from Oxford University Press contains hundreds of titles in almost every subject area. These pocket-sized books are the perfect way to get ahead in a new subject quickly. Our expert authors combine facts, analysis, perspective, new ideas, and enthusiasm to make interesting and challenging topics highly readable.

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