

Kicking The Drug Habit By Michael Anthony Corey

This is the story of a group of men who called themselves "heroin-coffin". It is their story of ascension from the Styxian shore of heroin addiction to a new-found heaven in a Christian brotherhood. The research study which gives rise to this story raises the question of the apparent antagonism between science and religion. Can religious faith be studied from a scientific viewpoint?

In today's society it can be quite tempting for a person to seek out a source of instant gratification to help them cope with the struggles that they face from day to day.

Unfortunately, this search leads many people to a path of drug abuse. In most cases, people who abuse drugs destroy their life and turn everything upside down and backwards.

Drug use will start off as occasional use in most cases.

However, most people who abuse drugs will surely find themselves addicted to the drug, sooner or later. Addiction can be very hard to break free from and as mentioned before, addiction can completely ruin a person's life. The effects of addiction will start off slow but before you know it you will be stuck in the pit of addiction and it will seem as if there is no way out. You may be one of these people who are lost in addiction and cannot find their way out or you may know someone who is going through this. If this is the case you are reading the right book. The following chapters in this book will explain the basics of drug addiction and provide you with some pointers that will be very useful for trying to beat your addiction. It is important to keep in mind that the process of beating an addiction is extremely difficult and you may experience setbacks. If and when these setbacks occur you must not give up and you must continue the fight. After all,

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you are in a fight for your life! Let Us Know What You Think! (-PLEASE REVIEW THIS BOOK AFTER READING-)...The cure to drug addiction lies within the understanding of how the body and mind are simultaneously influenced by a chemical dependency problem. Only after gaining this knowledge can the addict start the process of reversing the addiction cycle, and begin to address the triggers in the mind which are keeping him addicted to this point. Kick Opioids Now is the only drug treatment program in the world which takes the addict from the heat of addiction, into a 14 day self-detox, while teaching the addict how to quit on their own time, when they decide they're ready to kick. This is a 100% effective drug treatment program, and it comes with this unusual guarantee; any addict who opens the first page of this book, continues to read every word, and follows all of the recommendations inside, will be drug free by the time they finish the book (an incredible promise). This is the world's first and only absolutely anonymous drug treatment program. You don't have to show up, sign in, and nobody will ever know you were on a program, unless you tell them yourself.

Is a smoking, alcohol, food, gambling, Internet, drug, or sex addiction holding you back from getting what you want most? Over the past twenty-five years, renowned addiction therapist Dr. Frederick Woolverton has used his dynamic, empathetic approach to help thousands of addicts achieve long-term recovery—including himself. He sees the specific habit as less important than the underlying chaos and fear that motivate the urge to soothe ourselves with bad habits. The solution, he has found, requires only a better understanding of yourself and a change in attitude. Using real patient examples as well as research and his own experience, Dr. Woolverton and coauthor and former patient Susan Shapiro show how to thrive without self-medicating. Woolverton's specific instructions do not require an expensive therapist, rehab, a

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twelve-step program, or a higher power (though he does make readers aware of those viable options). Let him help you beat your addiction. When you conquer a toxic habit, you are leaving room for something beautiful to take its place. Over 450 "street" terms and brief definitions, which were current as of 1970.

Do you spend hours every day playing online games? Are you always on social media, ignoring your real life friends and family? Have you lost your job or your relationship? Have you tried to cut back on your screen time, only to fail miserably? Sadly, Internet Addiction is a real problem for millions of people around the world. As a new addiction, there is little help for those who feel trapped in this addiction. In this book, you will learn why you are addicted to electronics, and what you gain from them. You will begin to make goals for your life while renewing real-world relationships. You will start to structure your life not around electronics, but around real-world activities. You will learn how to combat urges to be online and fight negative thoughts that shame and condemn you. The techniques used in this book have helped hundreds of people who are addicted to electronics. It is time to fight this addiction and take your life back.

From running with the infamous Calton Tongs to running Calton Athletic, David Bryce's life story is a remarkable account of crime, violence, alcoholism and drug addiction in Glasgow's gangland. A respected 'hard man', Bryce worked his way through most of HM's prisons in Scotland before an epiphany in 1977 made him realise that he was a hopeless alcoholic who needed help. A five-year battle followed, during which he sank into the abyss of heroin addiction before finally getting clean. In 1985,

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in an effort to help others who were struggling against substance abuse, Bryce set up Calton Athletic, a football team and social group made up solely of recovering drug addicts. Reformed gangster Jimmy Boyle was one of the first to have faith in Bryce and Calton Athletic, but the club eventually won widespread respect. Gordon Brown, then a young MP, was so impressed that he wrote an article for The Observer which led to a TV film starring Lenny Henry and Robbie Coltrane. In the '90s, Ewan McGregor, Irvine Welsh and the Trainspotting crew sought Bryce's advice and friendship during the making of the internationally acclaimed cult film, while Robbie Williams begged to switch nationality and play for Calton Athletic in an 'England v. Scotland' celebrity charity match. Bryce's uncompromising belief that the only way to come off drugs is to go cold turkey and stay completely clean saw him clash with government agencies over the 'harm-reduction' policy of recent years. The club's statutory funding was withdrawn in 1998, but today Calton Athletic are still providing an invaluable lifeline while the 'official' drugs policy has become increasingly discredited. *Alive and Kicking* is an inspirational tale of survival and success against the odds.

Have you ever been told that you have an addictive personality? If so, then you need to do some serious introspection, because this is far from a compliment.

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If you have ever said I'm not addicted, I just really enjoy alcohol, drugs, smoking or even sex and exercise, then some introspection is needed too, because you might have a problem! Life is incredibly stressful, to say the least, and we all seek constant outlets for this stress. Overindulging in anything—even the things that seem harmless—is a problem. It is with good reason that we are cautioned to exercise moderation in all things, for fear of losing ourselves to the dark side. Addiction is definitely the dark side of the moon, one that is incredibly difficult to come back from. How though, can you successfully beat addiction, safely kicking the bad habits that have formed over a long time, and regain control of your life? That is the purpose of this book. You will be given insight into addiction, and how to identify when you have a problem. You will be shown some of the different types of addiction out there, and how you can free yourself from slavery to these evil masters. You will also be shown the signs that you cannot do it on your own, and when and how you can enlist the help of professionals. Let's get straight into it, and walk you through what addiction actually is, and how to identify when you have a problem. We will then work through the most common addictions out there, and help you to break the chains of your addiction. Know this, help is available to you. This help starts with this book, and you will soon see why it will be the most useful tool

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you can have in your life's tool kit, and help you to live an addiction-free life...

Do You Want To Overcome Drug Addiction? Can you really eliminate drug addiction with this book? Of course! - Read on. Drug addiction has negative effects on all aspects of your life, from everyday functions of your mind and body, to dealing with others at work or in social settings. Having the burden of this addiction can bring you to your knees with the weight of the mental and physical problems that it brings with it. DRUG ADDICTION RECOVERY will help you get right to overcoming your dependence on drugs. This book will help you in managing the negative emotional triggers and high-risk situations that cause you to seek drugs as a refuge. It'll also help you in kicking your addiction, it will be a guide that will show you that it is NEVER too late to stop, and that your life is yours to control. Make no mistake, this is not a magic pill. However, if you apply what's being taught the results will be drastic and life-changing! Order DRUG ADDICTION RECOVERY: How To Recover From Drug Addiction For Life - Drug Cure, Drug Addiction Treatment & Drug Abuse Recovery now, and free yourself from the addiction today! Scroll to the top and select the "BUY" button for instant order. You'll be so happy you did!

Does junk food have a hold on you? Then it's time for you to re-gain control of your life! This great new

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book will not only help you to identify your addictive behavior, so that you understand it better, but it will also give you the exact steps necessary to overcome your habit! Don't allow the continual cycle of food addiction to keep you a slave to junk food. Read this book today and you will discover how you can kick the habit quickly, easily and painlessly!

This program is PATENT-PENDING and when the patent clears, it will be the first and only drug treatment program ever patented in the United States for meth and cocaine addiction. It will be the **ONLY DRUG TREATMENT PROGRAM** ever available in book form, making this completely anonymous treatment in the privacy of your own home. This book is the answer. Please read the back cover for true testimonies that were unsolicited and believe that there were hundreds more that came to the websites that sold the original program. Never a single email received saying that the program was unsuccessful or had any flaws, just positive reviews saying "thank-you" for the help. This program is new, this is current, and this will work for anyone who reads and follows the entire book. The track record is solid and valid and being tested further always, so please read on. How to Quit Meth Now! Is a self-help guide to kicking any Cocaine or Methamphetamine addiction. It's an algorithm style drug treatment program that guarantees anyone who reads through the entire book and follows all of the

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instructions inside WILL BE DRUG FREE by the time they close the back cover and will have all of the tools to stay drug free for the rest of their life. Quit Meth Now! is the culmination of a 14 year study through trial and error that is the cure for drug addiction and takes the addict who is CURRENTLY USING meth or cocaine and teaches them how to first, let go and walk away, then teaches them how to self-detox with a 14 day program. The self-detox method uses several over-the-counter pharmaceuticals, vitamins, herbs and other products that reduce the withdrawal symptoms associated with drug addiction and treatment. During the process it teaches the addict several mind techniques that will help to counter all of the triggers that usually chase the addict back into relapse. Quit meth Now! is a cure and a final step that does not allow for relapse and ends the problem of addiction with simple mind games once the 14 day self-detox is complete. This is a full-service plan that attacks all of the spheres of influence that have been keeping the addict addicted for so long. Quit Meth Now! is the long awaited cure for addiction that will take the user on a long journey through all aspects of addiction and answer the questions of how, when and why they became addicted while also teaching them how to fix the problem permanently so that they can live a drug free lifestyle for the rest of their lives. This is the cure and this is the solution. This is a tried and true

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program in every sense and the QuitMeth program has a 100% effective rate over the internet for the past 10 years, as we did our research to make sure that this book was the final step that cures addiction, once and for all. We have been hiding from the world to create this program and this book is written in a style that speaks directly to the reader and teaches the truth through philosophical belief that the cure is within you because the power to cure a drug addiction is you. This is not a faith-based program in that it speaks directly to the addict in real terms and doesn't pass-the-buck by asking the reader to trust a higher power. Religion is always on one's own terms and has nothing to do with drug addiction. If you or anyone you know wants to kick a drug addiction right now, once and for all, you NEED this book. This program is also designed in a way that will supply an addict who is not interested in quitting with enough subliminal information on how to quit, that they will most likely decide to quit anyway within 6 months to a year, if they read all of the material. This book digs deep into the mind and takes away the ability of an addict to say that they're addicted because there is no way to quit...Drug addiction is NOT a disease my friends...and time is relevant. Peace!

With more than 30.000 entries The A-Z Encyclopedia on Alcohol and Substance Abuse is the most complete and comprehensive reference book in the field of Substance Abuse. A useful

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handbook and working tool for drug abuse professionals. The Encyclopedia is produced in close co-operation with the ICAA, International Council on Alcohol and Addictions, since its inception in 1907 the world's leading professional non-governmental organisation working with drug-abuse related issues.

Designed to help addicts and their families start the recovery process from their homes, this guide explains how families can help cure drug- and alcohol-abuse addicts. Full of techniques to help get to the root cause and build self esteem and self confidence, some of which are used in rehab in the UK.

A collection of wounded parents, whose children have died from a drug overdose or suicide related to substance abuse, came together on the website GriefNet.org. Each one was damaged by misplaced blame and guilt because they couldn't rescue their children. So deeply filled with sorrow they were unable to find a life after death. They have become a family-in-grief, crying together and comforting one another. The public must be educated to the reality of the War on Drugs. There are people who still believe in the 'junkie' stereotype. Many presume, that, these children were weak willed and deserved what was coming to them. Some people are judgmental, uneducated, mean spirited, or have blinders on. Drugs created a helplessness, in these children, that is hard for outsiders to understand. Kicking the drug habit is incalculably difficult! Also powerless are the secondary victims, those

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who are left behind to cope with the losses this dreadful disease has caused. Each child that died left behind a parent whose life is now changed forever. They cannot erase the horror of that moment when they first heard that their child had died. The nightmares and the visions of their children dying continue to haunt them.

Using an evidence-based approach, *Drug Abuse Prevention: A School and Community Partnership, Third Edition* teaches students and practitioners the important concepts and skills needed to design effective drug prevention programs. Written to cover more than just the facts about drugs, this text provides a background of drug use and abuse, presents the principles and skills of prevention, with particular focus on adolescents and school settings, and reinforces the importance of schools forming community partnerships with key institutions and the application of policy tools to enhance the impact of education alone. Important Notice: The digital edition of this book is missing some of the images or content found in the physical edition.

This sobriety journal has been created to help you capture your progress during your fight against addiction. The journal is a 60 days planner for alcoholism & drug addiction recovery and each double page allows you to: define a daily goal and track your daily mood write down a positive affirmation take notes about your thoughts draw daily conclusions (did I stay sober? what did I accomplish today?) The journal also contains some advises and exemples to create positive affirmation and fill daily pages in order to help you down the road to recovery. This makes a great gift for any loved one

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fighting against addiction.

Have you ever known an alcoholic or a drug addicted person? Have you ever been one? Well I am here to tell you it is really no fun even though it seems to be at the time. Life is awesome being sober! Here is my story of going HALFWAY TO HELL AND BACK. A story about gaining awareness and admitting there may be a problem in your life and how to get back to normal if you are ready. This book is a kick start toward progression! Many people are either addicted to, or recovering from addiction, whether it is alcohol, or drugs, prescription medication, sex, gambling, porn or the internet. This is a workbook and personal guide to finding freedom from our addictions. Sexy Sobriety Everyday is a recovery workbook for all kinds of addictions that will help addicts make significant steps into recovery and sobriety. A help for managing your addiction and breaking destructive habits Despite unprecedented attention on addiction and recovery, the Centers for Disease control estimates that 114 people die a day because of drug misuse. Other sources estimate that a mere 5 to 20 percent of people who go through formal addiction recovery programs make it to sobriety in the first two years. There is clearly a need to include holistic methods to prevent relapse and building a new life after addiction. This workbook offers a practical daily do it yourself best practices approach to long term relapse prevention and sobriety. Follow this strategy and you might as well achieve the recovery and sobriety results achieved by others who managed to heal from their addictions. Like cancer traits in a human body, addictive behaviors fall on a spectrum, and they can be a

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normal response to extreme situations. This book is a guide to helping you become "normal again". This book is unlike other normal informational addiction and recovery books, educating you on what addiction is or what it is not, and which treatment approach works best for any individuals, rather, this is a workbook that you can use to reset your mind and brain to then recreate your desired life. Because recovery is possible, you can stop any compulsive behavior and experience sobriety. Sexy Sobriety Everyday book is a paradigm shifting recovery and sobriety platform for living free from addiction.

Smoking is a drug addiction, not a bad habit, and it's not going to let you go so easily. Hooked - But Not Helpless teaches you the powerful skills of mental self-defence you need to fight and win this battle

From New York Times bestselling author of Symptoms of Withdrawal and Moments of Clarity Christopher Kennedy Lawford comes a book that will save lives. For most of his early life, Christopher Kennedy Lawford battled life-threatening drug and alcohol addictions. Now in recovery for more than 25 years, he works to effect change and raise global awareness of addiction in nonprofit, private, and government circles, serving as the goodwill ambassador for drug dependence treatment and care for the United Nations. For the first time, Recover to Live brings together all of the most effective self-care treatments for the seven most toxic compulsions affecting every culture on the planet today—alcohol dependence, drug dependence, eating disorders, gambling, hoarding, smoking, sex, and porn. In Recover to Live, more than 100 of the world's top experts interviewed by Lawford share their research and wisdom on how to determine if your bad habit is becoming a

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dependency, what treatments will work best for you, how best to help yourself or a loved one recover from addiction, and how to lead a fulfilling and productive life in recovery.

Discusses various types of addictive drugs and their effects, patterns of addiction, and ways of breaking the drug habit.

This program is PATENT-PENDING and when the patent clears, it will be the first and only drug treatment program ever patented in the United States for meth and cocaine addiction.

It will be the ONLY DRUG TREATMENT PROGRAM ever available in book form, making this completely anonymous treatment in the privacy of your own home. This book is the answer. Please read the back cover for true testimonies that were unsolicited and believe that there were hundreds more that came to the websites that sold the original program.

Never a single email received saying that the program was unsuccessful or had any flaws, just positive reviews saying "thank-you" for the help. This program is new, this is current, and this will work for anyone who reads and follows the entire book. The track record is solid and valid and being tested further always, so please read on.

Quit Meth Now! Is a self-help guide to kicking any Cocaine or Methamphetamine addiction. It's an algorithm style drug treatment program that guarantees anyone who reads through the entire book and follows all of the instructions inside WILL BE DRUG FREE by the time they close the back cover and will have all of the tools to stay drug free for the rest of their life. Quit Meth Now!

is the culmination of a 14 year study through trial and error that is the cure for drug addiction and takes the addict who is CURRENTLY USING meth or cocaine and teaches them how to first, let go and walk away, then teaches them how to self-detox with a 14 day program. The self-detox method uses several over-the-counter pharmaceuticals, vitamins, herbs and other products that reduce the withdrawal symptoms associated with drug addiction and treatment. During the

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process it teaches the addict several mind techniques that will help to counter all of the triggers that usually chase the addict back into relapse. Quit meth Now! is a cure and a final step that does not allow for relapse and ends the problem of addiction with simple mind games once the 14 day self-detox is complete. This is a full-service plan that attacks all of the spheres of influence that have been keeping the addict addicted for so long. Quit Meth Now! is the long awaited cure for addiction that will take the user on a long journey through all aspects of addiction and answer the questions of how, when and why they became addicted while also teaching them how to fix the problem permanently so that they can live a drug free lifestyle for the rest of their lives. This is the cure and this is the solution. This is a tried and true program in every sense and the QuitMeth program has a 100% effective rate over the internet for the past 10 years, as we did our research to make sure that this book was the final step that cures addiction, once and for all. We have been hiding from the world to create this program and this book is written in a style that speaks directly to the reader and teaches the truth through philosophical belief that the cure is within you because the power to cure a drug addiction is you. This is not a faith-based program in that it speaks directly to the addict in real terms and doesn't pass-the-buck by asking the reader to trust a higher power. Religion is always on one's own terms and has nothing to do with drug addiction. If you or anyone you know wants to kick a drug addiction right now, once and for all, you NEED this book. This program is also designed in a way that will supply an addict who is not interested in quitting with enough subliminal information on how to quit, that they will most likely decide to quit anyway within 6 months to a year, if they read all of the material. This book digs deep into the mind and takes away the ability of an addict to say that they're addicted because there is no way to

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quit...Drug addiction is NOT a disease my friends...and time is relevant. Peace!

Why have our drug wars failed and how might we turn things around? Ask the authors of this hardhitting exposè of U.S. efforts to fight drug trafficking and abuse. In a bold analysis of a century's worth of policy failure, *Drug War Politics* turns on its head many familiar bromides about drug politics. It demonstrates how, instead of learning from our failures, we duplicate and reinforce them in the same flawed policies. The authors examine the "politics of denial" that has led to this catastrophic predicament and propose a basis for a realistic and desperately needed solution. Domestic and foreign drug wars have consistently fallen short because they are based on a flawed model of force and punishment, the authors show. The failure of these misguided solutions has led to harsher get-tough policies, debilitating cycles of more force and punishment, and a drug problem that continues to escalate. On the foreign policy front, billions of dollars have been wasted, corruption has mushroomed, and human rights undermined in Latin America and across the globe. Yet cheap drugs still flow abundantly across our borders. At home, more money than ever is spent on law enforcement, and an unprecedented number of people—disproportionately minorities—are incarcerated. But drug abuse and addiction persist. The authors outline the political struggles that help create and sustain the current punitive approach. They probe the workings of Washington politics, demonstrating how presidential and congressional "out-toughing" tactics create a logic of escalation while the criticisms and alternatives of reformers are sidelined or silenced. Critical of both the punitive model and the legalization approach, *Drug War Politics* calls for a bold new public health approach, one that frames the drug problem as a public health—not a criminal—concern. The authors argue that only by situating

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drug issues in the context of our fundamental institutions—the family, neighborhoods, and schools—can we hope to provide viable treatment, prevention, and law enforcement. In its comprehensive investigation of our long, futile battle with drugs and its original argument for fundamental change, this book is essential for every concerned citizen.

STRAIGHT TALK FROM A DOCTOR ON HOW TO MINIMIZE THE DAMAGE FROM THE UNHEALTHY LIFESTYLE CHOICES WE ALL KNOW WE SHOULDN'T MAKE -- BUT DO ANYWAY There are thousands of books out there on how to live a healthy life, but let's be honest: most of us don't want to live a healthy life -- we want to know how to live our unhealthy lives better. The Healthy Guide to Unhealthy Living is a straightforward and honest guide to maintaining the fast-paced lifestyle you're accustomed to, without giving up all the bad habits that come along with it. Whether you stayed up all night prepping for that early presentation or want to lose ten pounds fast for a high school reunion, whether you drank too much last night or wound up in an unfamiliar bed this morning, here's the practical advice you need for minimizing the damage and moving on with your life. A few of the issues addressed in this book include: Drinking and drugs: From easing the hangover pain to kicking a drug habit Sex: Pregnancy, STDs, and why you shouldn't believe everything you read on the Internet Pushing the limits: Sleepless nights, stress, and unavoidable life-related anxieties Everyday habits: Smoking, fast food, all-nighters, and the rest of those New Year's resolutions you haven't gotten around to yet Whether you indulge yourself in Vegas or your own backyard, when it comes to your health, it's easy to assume the worst. But even if you don't live a completely virtuous life, The Healthy Guide to Unhealthy Living says that if you make some smart choices, you can avoid major worries or embarrassment. While this book won't take the place of

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your own doctor, it will give you some shortcuts to healthier habits and better living -- like safer sex and better sex, or a healthier diet and a better body -- that might become habits you can live with.

This sobriety journal has been created to help you capture your progress during your fight against addiction. The journal is a 60 days planner for alcoholism & drug addiction recovery and each double page allows you to : define a daily goal and track your daily mood write down a positive affirmation take notes about your thoughts draw daily conclusions (did I stay sober? what did I accomplish today?) The journal also contains some advises and exemples to create positive affirmation and fill daily pages in order to help you down the road to recovery. This makes a great gift for any loved one fighting against addiction.

A Look At Self Treatment For Drug Abuse! Get All The Support And Guidance You Need To Kick Your Habit! In today's society it can be quite tempting for a person to seek out a source of instant gratification to help them cope with the struggles that they face from day to day. Unfortunately, this search leads many people to a path of drug abuse. In most cases, people who abuse drugs destroy their life and turn everything upside down and backwards. Drug use will start off as occasional use in most cases. However, most people who abuse drugs will surely find themselves addicted to the drug, sooner or later. Addiction can be very hard to break free from and as mentioned before, addiction can completely ruin a person's life. The effects of addiction will start off slow but before you know it you will be stuck in the pit of

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addiction and it will seem as if there is no way out. You may be one of these people who are lost in addiction and cannot find their way out or you may know someone who is going through this. If this is the case you are reading the right book. The following chapters in this book will explain the basics of drug addiction and provide you with some pointers that will be very useful for trying to beat your addiction. It is important to keep in mind that the process of beating an addiction is extremely difficult and you may experience setbacks. If and when these setbacks occur you must not give up and you must continue the fight. After all, you are in a fight for your life!

Below are the information that you are about to learn:

Drug Abuse Basics Learn Self-Discipline to Beat Drugs

Work On Your Self-Esteem to Stay Away From Drugs Fill

Your Time with a Hobby to Replace Drugs Realize When

You Can't Beat Drugs on Your Own The Importance of

Drug Education and Prevention

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