

Dont Let The Lipstick Fool You The Making Of A Champion

This must-have book explores issues related to girls and sports through a collection of personal accounts and factual articles. Using a variety of sources, this book explores whether or not sports are good for girls' health, and how girls are coached differently than boys. Readers will evaluate the impact of Title IX, and the effect of sex segregation in boys and girls sports. Essay sources include the American Association of Cheerleading Coaches and Administrators, Women's Sports Foundation, Margaret C. Duncan, Michael Sokolove, and Sarah Gibbard Cook. Take a dash of western myth, a healthy sprinkle of vintage photographs, and a dollop of tall tales and instructional sidebars, simmer with a delicious selection of western recipes, and, voila—The Cowgirl's Cookbook. From June's Ranch Beans to Joan's Chile Rellenos, Connie's Cackleberries on Toast to Rita's Tomato Mac 'n Cheese, these hearty fixin's will feed a city girl's fantasy as well as a country boy's belly. A sure favorite with locals and tourists alike, these recipes ain't just for trail drives no more!

A game of chess can lead to many things. In this case he wanted to get back with his ex-girlfriend through his friend, but his ex-affair shows up and it suddenly gets more challenging than predicted. Can he still find the way to win his girlfriend's heart? A short story

This workbook is based on the author's popular workshops and expands more upon the wisdom provided in her best sellers Simple Abundance and Something More.

101 Real Decorating FAQs Answered When you have a home decorating question, do you wish you had a team to consult? Now, you do! Home decor experts Melissa Michaels (The Inspired Room) and KariAnne Wood (Thistlewood Farms) answer 101 actual queries from readers like you. As Melissa and KariAnne help solve these everyday decorating dilemmas, you'll learn more about... Getting Started What to do first, how to update your entire house, and decorate on a budget. Style and Trends How to find your personal decorating style, choose a timeless look, and make your home both kid and style friendly. The Major Elements Get foundational guidelines for flooring, wall décor, lighting, and more. Furniture and Space Planning How to place furniture properly, maximize open floor space, and redo rooms on a tight budget. Color, Paint, and Patterns Choose correct colors, learn paint basics, and express your creativity while avoiding clash. Organization Tame your junk drawer, declutter kitchen appliances, and manage the mess in a multipurpose room. Accessories and Styling Accessorize with confidence, showcase your favorite pieces, and own your style even while renting. If you're unsure about any area of decorating, chances are the answers are inside this book. Melissa and KariAnne can help!

Decorate Your Home like a Rock Star! Popular home decor blogger KariAnne Wood has created this delightful and inspiring home planner just for you. With her infectious joy and humor, KariAnne is there to hold your hand on the decorating road ahead. Infused with witty, simple, and can-do advice, The DIY Home Planner is packed with unique features to help you realize your decorating dreams: Convenient pockets to tuck paint chips, fabric samples, and more to keep you organized Charming illustrations, photos, and diagrams to inform and encourage you Unique style guides, decision trees, and reference guidelines to inspire confidence in every decorating decision Easy DIY projects to help you accessorize with personalized style Incredible extras in the back of the book, including three frameable prints to brighten up your wall decor Discover these and other amazing tips in every area of home décor from painted wall treatments to light fixtures to accessories to floors...and so much more!

Presents a comprehensive profile of the late pop star, using interviews with family, friends, and acquaintances to review the musician's troubled childhood, musical influences, eccentric lifestyle, and tragic death at the age of fifty.

This collection of fascinating biographies of outstanding women athletes past and present including superstars such as Nadia Comaneci, Mia Hamm, Jackie-Joyner Kersee, Danica Patrick, and Serena and Venus Williams. • Photographs of accomplished female athletes • A chronology helps readers put entries in context • A bibliography provides suggestions for further reading

'The Undercover Business Woman' is a pamphlet that will make you laugh out loud, but it will also make you think. These days, women do not have to choose between being beautiful and being business savvy. Angel Starks is living, breathing, laughing proof of that! In her first book, The First Lady of Comedy delivers fun tips and strategies to help any woman be a success!

This engaging and informative work highlights the 100 biggest moments in the history of American sports, illustrating powerful connections between sporting events and significant social issues of the time. • Features a timeline highlighting major sports events over time • Includes a list of additional reading resources for each entry • Covers most every sport including football, baseball, basketball, hockey, horse racing, motorsport, and others • Supports common core standards for literacy

From the 1760s to Barack Obama, this collection offers fresh looks at classic African American life narratives; highlights neglected African American lives, texts, and genres; and discusses the diverse outpouring of twenty-first-century memoirs.

Tell your most devastating secret, or risk losing your only daughter... Then: Twenty years ago, Alys' husband, Sam, was in a terrible car accident that left him fighting for his life. His recovery was slow and painful and, just at the point when Alys began to hope, he sent her away, refusing to see her ever again for reasons she could never understand. Now: Married again and living in a new town with a new family, Alys feels like she's sleepwalking through life. She's just lost her job, her grown-up daughter is flying the nest, and her new husband doesn't see – or even seem to care about – the downward spiral she is in. But a chance encounter changes everything. As the life she could have had crashes into the one she settled for, Alys must decide whether or not to reveal the lie she's been telling everyone all these years. Will it tear apart the ones she loves, or could it set them free? An emotional, page-turning family drama about the difficult choices and sacrifices we make to protect the ones we love. Perfect for fans of Amanda Prowse, Kerry Fisher and Jodi Picoult. Readers adore The Wife's Choice: 'What. A. Book... such a perfect read... kept me glued from beginning to end. Even when I had to do my chores... A delightful book filled to the brim with suspense and emotions... a completely immersive read where I had to know how the book ended. Addictive and captivating.' Goodreads reviewer, 5 stars 'This was a beautiful and romantic novel that kept me engaged throughout the entire journey... Spot on. Highly recommended.' Goodreads reviewer, 5 stars 'Loved... could not put the book down, a real page-turner... Definitely recommend it to all my friends.' Goodreads reviewer, 5 stars 'An emotional read... heart-breaking moments... completely life-affirming... fabulous... a story of secrets, families and relationships... A powerful, emotional read which I would definitely recommend!' Stardust Book Reviews 'I was hooked from the first pages. I could totally relate to the main character and really enjoyed the story...a quick read for me and I cannot wait to recommend this book!' NetGalley reviewer 'A fabulous book... I read it in less than 24 hours and experienced a whole rollercoaster of emotions whilst reading it!' NetGalley reviewer 'Fantastic... Loved, loved, loved the characters and writing style. I couldn't and didn't want to put this book down. Read it in one sitting it was just that good.' Goodreads reviewer, 5 stars 'What a rollercoaster of a read...kept me on the edge of my seat from the beginning to the end. This book was filled with emotion... holding me intrigued, entertained, and I could complete relate to the main characters

in the book. I truly recommend.' Goodreads Reviewer, 5 stars

Female Olympian and Paralympian Events is a groundbreaking book that examines women's sports in the Olympic and Paralympic Games, which have long been underappreciated and under-analyzed. The book begins with a brief background on women's participation in the Olympic Games and their role relative to the International Olympic Committee, then introduces the underlying Gendered Critical Discourse Analysis theory used throughout the book's analysis before delving into a literature review of female Olympians and Paralympians' events. It includes a listing of noteworthy "firsts" in the field, followed by individual discussions of twenty-eight Summer and seven Winter events, analyzed according to their historical, rhetorical, and popular cultural representations. Women's unique role(s) in the various events are discussed, particular athletes and Paralympic events are highlighted, and original tables are also included. At the end of each section, affiliated organizations and resources are included in this invaluable referential volume.

In today's world of texting and social networking, the legendary art of partying has been left to amateurs, wannabes, and party crashers. The true Party Animal stands out from the crowd, dances like a fool, knows the best pranks, gets the girl, and can smooth talk his way out of any sticky situation. The Book of the Party Animal reveals the crucial elements of being a Party Animal, detailing some of history's most famous partiers, compiling a list of the best Party Animal drinks (complete with recipes), and explaining how to rule the dance floor with certified Party Animal moves. The perfect gift for all sorts of occasions, this entertaining guide is sure to improve parties everywhere—one Party Animal at a time.

Young adults are actively looking for anything that connects them with the changes happening in their lives, and the books discussed throughout Literature for Young Adults have the potential to make that connection and motivate them to read. It explores a great variety of works, genres, and formats, but it places special emphasis on contemporary works whose nontraditional themes, protagonists, and literary conventions make them well suited to young adult readers. It also looks at the ways in which contemporary readers access and share the works they're reading, and it shows teachers ways to incorporate nontraditional ways of accessing and sharing books throughout their literature programs. In addition to traditional genre chapters, Literature for Young Adults includes chapters on literary nonfiction; poetry, short stories, and drama; cover art, picture books, illustrated literature, and graphic novels; and film. It recognizes that, while films can be used to complement print literature, they are also a literacy format in their own right—and one that young adults are particularly familiar and comfortable with. The book's discussion of literary language—including traditional elements as well as metafictional terms—enables readers to share in a literary conversation with their students (and others) when communicating about books. It will help readers teach young adults the language they need to articulate their responses to the books they are reading.

In *From the Court to the Boardroom*, by powerhouse authors, Hall of Famer Lisa Leslie and award winning CEO Bridgette Chambers, readers quickly learn how to reignite the powerful foundation of strength formed while playing competitive sports and parlay those life changing, high performing behaviors into success in the business world. Through stories and winning strategies, Lisa and Bridgette invite readers to RE-IGNITE their passion and competitive spirit. Next, the authors introduce a path designed to help readers RISE to the challenges ahead and find the inner-strength and constitution to keep REACHING for greatness in business.

Forty-year-old Julia Whitman is finally independent after escaping from a controlling mother and an adulterous husband. Julia has left her past behind in Missouri and made a new life for herself in Scottsdale, Arizona. She and her friend Lauren have opened their interior design business, Touch of Jules, and are enjoying successful business and personal lives. Twenty-four-year-old Austin James has also escaped home in a move that has sent him across the country from North Carolina to Phoenix, Arizona, to finish college and start his own life. When the two meet, an attraction ignites and takes on a life of its own. To Julia, Austin seems mature beyond his years; the younger man makes her feel things she hasn't felt in a very long time. Austin is shocked when he discovers that Julia's so much older, but he knows that she holds his heart in a way no one else does. Can they defy conventional rules to forge a relationship that withstands the judgment of their families, friends, and society?

A resource guide that uses African American memoir to address a variety of issues related to mentoring and curriculum development. In this resource guide for fostering youth empowerment, Stephanie Y. Evans offers creative commentary on two hundred autobiographies that contain African American travel memoirs of places around the world. The narratives are by such well-known figures as Frederick Douglass, W. E. B. Du Bois, Billie Holiday, Maya Angelou, Malcolm X, James Baldwin, Muhammad Ali, Richard Pryor, Angela Davis, Condoleezza Rice, and President Barack Obama, as well as by many lesser-known travelers. The book addresses a variety of issues related to mentoring and curriculum development. It serves as a tool for "literary mentoring," where students of all ages can gain knowledge and wisdom from texts in the same way achieved by one-on-one mentoring, and it also provides ideas for incorporating these memoirs into lessons on history, geography, vocabulary, and writing. Focusing on four main mentoring themes—life, school, work, and cultural exchange—Evans encourages readers to comb the texts for models of how to manage attitudes, behaviors, and choices in order to be successful in transnational settings. "This book provides a new and refreshing way to think about Black youth and issues of empowerment. It will be a useful tool for teachers, parents, scholars, and community organizers, leaders, and activists." — Valerie Grim, Indiana University Bloomington

Memoirs, autobiographies, and diaries represent the most personal and most intimate of genres, as well as one of the most abundant and popular. Gain new understanding and better serve your readers with this detailed genre guide to nearly 700 titles that also includes notes on more than 2,800 read-alike and other related titles. * A list of subjects and suggested "read-alikes" accompany each title * Appendixes cover awards, websites, and resources * Detailed indexes provide further points of access

Natsuki brengt met haar neef Yuu de zomers door in de bergen van Nagano, waar ze droomt over andere werelden. Wanneer een reeks van verschrikkelijke gebeurtenissen de twee kinderen voor altijd van elkaar dreigt te scheiden, beloven ze elkaar koste wat het kost om te overleven. Haar donkere verleden blijft Natsuki achtervolgen, ook als ze

volwassen en getrouwd is. Natsuki slaat op de vlucht en keert terug naar de bergen uit haar jeugd. Ze bereidt zich voor op een hereniging met Yuu. Zal hij zich hun belofte herinneren? En zal hij haar helpen haar daaraan te houden?

January is een hopeloze romanticus die vertelt over haar leven alsof ze in haar eigen feelgoodromans figureert. Gus is een serieus en literair type die gelooft dat ware liefde een sprookje is. Maar January en Gus hebben meer gemeen dan je zou denken. Ze zijn allebei blut. Ze hebben een gigantisch writer's block. En ze moeten een bestseller schrijven voor de zomer voorbij is. Op een avond sluiten ze de weddenschap om elkaars boek schrijven, met het risico dat als ze in elkaars huid kruipen hun leven voorgoed vernadert. Maar er wordt niemand verliefd. Beloofd.

Player. Jock. Slacker. Competitor. Superhero. Goofball. Boys are besieged by images in the media that encourage slacking over studying; competition over teamwork; power over empowerment; and being cool over being yourself. From cartoons to video games, boys are bombarded with stereotypes about what it means to be a boy, including messages about violence, risktaking, and perfecting an image of just not caring. Straight from the mouths of over 600 boys surveyed from across the U.S., the authors offer parents a long, hard look at what boys are watching, reading, hearing, and doing. They give parents advice on how to talk with their sons about these troubling images and provide them with tools to help their sons resist these messages and be their unique selves.

One hundred word search puzzles will challenge even the most dedicated puzzle fanatics as they hunt for words associated with the names of famous women scientists, actors, musicians, politicians, others. Includes solutions.

When Atka Sinclair rescues budding journalist Teresa Drake in the Alaskan wilderness, she's convinced he's The One. Atka has deep ties to his native land, though, and how can he trust the woman who wrote a glowing article about the politician out to destroy his people's heritage? His pride could prevent a happily ever after with the woman who could write him the most thrilling love story of all.

A true-adventure, coming-of-age tale set in the exhilarating first wave of Beatlemania ... It's 1964, and 16-year-old Janice is struggling in a grim foster home in Cleveland when she falls suddenly, deeply in love ... with the Beatles. They and their music stir in her an ecstatic new sense of freedom. With a friend, she hatches a bold plan to escape their dreary lives and run away to London to meet the Fab Four. On their own for the first time—in "Beatleland"—they explore a new city, a new culture, and a new life, visiting the hippest clubs of Soho, meeting some nice English boys, hitchhiking to Liverpool ... But unbeknownst to them, the runaways have become international news—and a hunt is on. Adventure and newfound freedom end abruptly when Janice is apprehended by London police and hauled home to Cleveland and an unforgiving juvenile justice system. Warned by responsible adults to put it all behind her, she doesn't speak of her extraordinary adventure for more than fifty years. In this memoir, she looks back with fresh insight on the heady early days of Beatlemania and an era in America when young women exercising some control over their lives presented a serious threat to adult society.

For as long as she could remember, her life has always been in turmoil. With a drug abusing mother and an abusive step father, Sophie, an intelligent, pretty girl, has a desire to escape the hell that her life has become. She successfully hides her scars from the world, but keeps them close to her hardened heart. Trained by the best, Sophie has a short fuse and the skills of a trained killer. Often finding herself unable to tame the monster within, she is tempted by the dark side more times than she can count. Unfortunate circumstances occur in her life, which threaten to pull the darkness that she strives to keep buried deep inside to the surface. Once that darkness is freed, Sophie is unable to recapture it to lock it away. Traumatized by her abusive childhood, haunting memories fuel her inability to love. But soon, Sophie finds her inability to feel challenged when she meets an irresistible man that gives her a glimpse of what falling in love could mean for her life. Stunned by the amount of love that she feels for him, she is finally ready to open her heart and experience true love. Unfortunately for Sophie, life never goes that smoothly for her. Her overbearing, overprotective stepfather has plans for her life that do not include her falling in love. The secrets from her past that she has been harboring have a horrifying hold on her and refuse to remove their grip from her life. Driven by love, lies and murder, she finds herself making decisions that could, in the end cause her to lose everything, when the past comes knocking on her door. She has choices to make. Choices that could either pull her towards love, or pull her deeper into the darkness.

Presents a biography of the star player for the Los Angeles Sparks of the Women's National Basketball Association.

The Suspense Novel MEGAPACK™ is the first in what we hope will become a long-running series collecting (obviously enough) novels of suspense. To kick things off, we have selected 4 books we hope you will find interesting and entertaining: CAN A MERMAID KILL? by Thomas B. Dewey An exciting new novel of suspense by the master of murder-mystery! KILL JOY, by Elisabeth Sanxay Holding "Another beautiful study in the subtle and miasmic horror of emotions such as only Mrs. Holding can bring off." -- San Francisco Chronicle LET ME KILL YOU, SWEETHEART! by Fletcher Flora She had three lovers -- but which one killed her? WHO'S AFRAID? by Elisabeth Sanxay Holding "A prime job of hair-raising." -- New York Herald-Tribune If you enjoy this volume of classic mysteries, don't forget to search your favorite ebook store for "Wildside Press Megapack" to see the 230+ other entries in this series, including mysteries, adventure, science fiction, fantasy, horror, westerns -- and much, much more!

Foreword by Earvin "Magic" Johnson "Absolutely one of the best players ever to play the game." --Bill Walton A three-time Olympic gold medalist, three-time MVP of the WNBA, and the first woman ever to dunk in a professional basketball game, Lisa Leslie is considered one of the greatest players in the history of women's basketball. But before the superstar was the child growing up too fast in South Central Los Angeles. Over six feet tall in the sixth grade, with a father Lisa never knew, and a sister she couldn't trust, her life seemed destined to go nowhere fast--another failed statistic in the American dream. Today, Lisa is a poised, beautiful, assertive, six-foot-five-inch basketball powerhouse. Her elegance and charm have made her a favorite with fans, the fashion world, and even Hollywood. With hard-won candor and confidence, Lisa Leslie shares in her own words her empowering story about finding grace under pressure, and exceeding expectations--including your own--by playing like a girl. "There are a lot of young girls out there who look up to Lisa Leslie. I think it's great that they can look at Lisa and say we don't have to make sacrifices." --Sheryl Swoopes, Houston Comets and U.S. Olympic Team "Lisa is doing for women what Michael Jordan has done for young men." --Michael Cooper, Lakers great and L.A. Sparks head coach "She has it all: beauty, brains, and athleticism. She brings class, fashion, and she's sassy in her own way. She has all that and the championship rings to back it up." --Nancy Lieberman, ESPN analyst and Hall of Famer "Lisa Leslie is absolutely one of the best players ever to play the game. She is a leader who works hard, plays hard, and carries herself with incredible poise, grace and dignity. She is an icon and a perfect role model." --Bill Walton, ESPN commentator and NBA Hall of Famer Larry Burnett is an Emmy award-winning journalist and sports broadcaster. He has known Lisa for fifteen years and has been the radio and television play-by-play announcer for her L.A. Sparks' games for the past nine seasons. Burnett has anchored Sports Center

and The NBA Today Show for ESPN, and he has hosted the Lakers' radio broadcasts and The Phil Jackson Show.

Millions of people around the world are engaged in sports and games. This volume studies the ways in which engagement is performed in popular culture. We do not just watch football - we perform by being a fan. NBA players do not simply run up and down the court. Instead, on and off the court they perform certain roles, many informed by hip hop culture. Such performances are rhetorical: they manage attitudes, behaviors, and predispositions, influencing the distribution of power. Competitive hot dog eaters, bull riding, and Mexican wrestlers are some of the other sports and games covered by the contributors. The book is unique in bringing together the three themes of sports and games, performance, and the rhetoric of popular culture, and is relevant for both scholarly use and classroom adoption in courses ranging from sport and society, rhetoric, composition, persuasion and argument, and popular culture.

Let Your Style Shine KariAnne Wood could tell you a lot about decorating. After all, she's an expert. But this book isn't about her. It's about you. It's about the colors, textures, and patterns that make your heart sing. It's about the creative ideas you can't wait to try in your own home. It's about finding your one-of-a-kind style and then just going for it. And KariAnne is here to help you. Featuring her home and those of four of her blogger friends—Yvonne Pratt (StoneGable), Bre Doucette (Rooms for Rent), Laura Putnam (Finding Home Farms), and Carmel Phillips (Our Fifth House), KariAnne takes you on a tour representing five major design styles—Farmhouse, Traditional, Coastal, Transitional, and Contemporary. From the entryway to the living room to the kitchen to outdoor spaces, you'll find tips and decorating inspiration for each of these different styles—to encourage you to create a home that's amazingly, wonderfully, uniquely YOU.

Abducted at gunpoint by a gorgeous woman... Navy SEAL Cody "Cowboy" McCormick is in Las Vegas for a little R & R before his friend's wedding when a beautiful blonde jams a gun in his side and abducts him from a casino in broad daylight. He could stop her, but he plays along because he's intrigued—plus he's convinced she's in danger. CIA agent Miranda Lockwood's life is on the line when an undercover operation goes wrong. Little does she know when she sashays up to the biggest, baddest looking dude in the casino lobby that she's kidnapping a Navy SEAL—or that she'll be unable to resist his charm when he turns up the heat. When the CIA labels her a rogue agent, Miranda's faith in everything she believes in is shaken to the core. Cody's the only one she can trust to help her find the traitor in the agency. But even though she's forced to betray him, she can't get over the SEAL who made her feel safe in his arms. Miranda will have to fight harder than she's ever fought for anything if she wants his forgiveness—but Cody's not in a forgiving mood in spite of the sparks that still fly when he's forced to team up with her again. When disaster strikes and they're caught in the line of fire, Cody will do everything in his power to keep them both alive. Because if he doesn't, he'll never get to hold Miranda close again... NOTE: If you read the first part of this story in SEALs of Summer 3, this is the complete book. HOT SEAL TEAM SERIES: Book 1: HOT SEAL (Dane & Ivy) Book 2: HOT SEAL Lover (Remy & Christina) Book 3: HOT SEAL Rescue (Cody & Miranda) THE HOSTILE OPERATIONS TEAM SERIES: Book 1: HOT Pursuit (Matt & Evie) Book 2: HOT Mess (Sam & Georgie) Book 3: HOT Package (Billy & Olivia) Book 4: Dangerously HOT (Kev & Lucky) Book 5: HOT Shot (Jack & Gina) Book 6: HOT Rebel (Nick & Victoria) Book 7: HOT Ice (Garrett & Grace) Book 8: HOT & Bothered (Ryan & Emily) Book 9: HOT Protector (Chase & Sophie) Book 10: HOT Addiction (Dex) ~ Coming soon! Book 11: HOT Valor (Mendez) ~ Coming soon! Reviews: "...one of those must read black ops series that is as good as Maya Banks & Cindy Gerard!" -- Just Plain Sassy "Seriously is there a hotter series out there in this genre? Because if there is, I don't know about it. I have loved these books from book 1 and they are only getting better and better not to mention hotter!!!" -- Goodreads "So, one of my favorite series (HOT) just got an infusion of new blood...SEAL blood. That's right, HOT SEALs!" -- Saved by Suspense "Another awesome effort and A+ read in this world of the maybe-mythed-but-oh-my-they-do-exist Hostile Operations Team." -- Mignon Mykel Reviews "As for Navy SEAL Dane "Viking" Erikson? Well if the man doesn't melt the panties off of you, I just don't know if we're reading the same book." -- Dirty Girl Romance Want to chat about the HOT guys? Join Lynn's Facebook Readers and Fans Group (the Hotties) at on.fb.me/1cyN8Xt (copy and paste into your browser). To sign up for Lynn's newsletter--where you'll be kept up to date about all of Lynn's books--text the word HOTTIES to 66866 or copy and paste this link into your browser: <http://bit.ly/LRHNews>

In Als de rook om je hoofd is verdwenen vertelt Caitlin Doughty hoe ze op achtjarige leeftijd een leeftijdgenootje dood ziet neervallen. Dit moment raakt haar diep, maar haar ouders, die ook getuige zijn van het ongeluk, weigeren erover te praten. Ze hekelt de manier waarop haar ouders, en vele anderen in het Westen, met de dood en dode mensen omgaan en besluit daarom op twintigjarige leeftijd in een crematorium te gaan werken. Over haar jaren in het crematorium schrijft ze zonder iets te verbloemen over het dode lichaam, het ophalen van lijken, de preparatie in het crematorium, de verbranding, de verwerking van botten en het verzamelen van de as. Op liefdevolle wijze en met de nodige (zwarte) humor maakt ze de dood bespreekbaar.

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